

SOOTHING THE SOUL ONE LIFE AT A TIME



# HER SOUL'S PAST

BY ACE

A BOOK OF PROSE

*She rose from the astral world and began her day,  
just like she'd done for thousands of days before.  
Her mind started clicking away, her dreams took  
her to far-away lands, places and adventures but,  
there was always one place she hoped to go - her  
soul's past.*

## ***Chapter 1 - The Sun***

It was a bright day full of new miracles, who would know better than the sun? The sun never slept nor rose or set, it was always there inside creatures' hearts. Even when the rain needed its day, the sun was always there peeking through the shadows. The sun wasn't a he or she, small or big, wide or tall, a specific shape or color; the sun was a soul. Souls would take turns experiencing its magic. In space, the sun was a flaming ball of fire lighting up the dark sky and illuminating the stars. But to the outside world humans lived in, it acted as this circle of light providing sunshine with all its might.

When the night was ready to come, the sun would provide the sky with a magical pink hue. It was its little gift of magic to the people. Even though they thought the sun was dangerous, the sun still treated each soul with light and an abundance of love. Each day was a similar cycle with little twists, but like a dog with a short-term memory, the sun was excited to shine and live each moment to its brightest ability. No matter how dark days could get, the light always came through.

## ***Chapter 2 – In A New Galaxy***

He emerged for the day, clear headed and his soul divinely alive. He truly felt at home on this planet. His huge blue eyes, long blonde hair, tall figure and universal body connected him to the beautiful world he called home. This place had no name and he never felt like he needed the label; it was so full of love, compassion, connection, authenticity and magic. He'd always take moments in the day to soak in the purple sky with blueberry clouds and the bright yellow sun with pink hues. His heart was pure and his soul was deeply free in this life. He spent his days living out his purpose, being a healer. In a world of such pure beings and electric energy, healing came naturally and poured out of his heart.

Through his meditations, he connected with the sun, for some reason he felt such a special connection to it. He realized in order to help others heal, he must heal himself each and every day. So, in the mornings, he'd spend a good amount of time grounding, facing, connecting, clearing and charging his soul and energy.

"You're being guided to go to a star cluster called Pleiadies next, let your soul grow there. You're going to a version of it from centuries ago, because for right now, you don't need the label. I think you'll feel very much at home, you have roots there. Soul Eeli, that's your name for a reason. You're here to..." said a voice in his mind as he rose from his meditation.

He wished he could've heard that answer as to why he was here, but oddly enough, that conversation felt familiar; as if he'd participated in it before his birth. He felt crazy but, somewhere in his deepest memory, there was this knowing inside that remembered talking to

this voice many times. But when he'd get close to fully getting the memory, a big flash eclipsed his mind and he'd lose the thought in an instant.

"Eeli, it's time. You're ready to move on," said a voice in his head. A voice he'd heard before in a meditation many years ago. He never understood why this voice called him Eeli, but he went with it. He agreed with this voice though, his days of being a healer fulfilled his soul for so long. But something inside of him was ready for a new adventure, and that's when he took his last breath. *"Eeli, you're here to ascend through spirit and soul."*

## ***Chapter 3 – In Between Lives***

"Soul Eeli, it's been a couple hundred years, although in reality it was an instant. Your form almost figured out your mission, I told you Pleiadies was for you," said this bright violet light.

Eeli opened its eyes, it was now in its purest form, a flame. A small blue flame with violet hues at its tips; life's mission was for its flame to be fully violet and the only way to do that was to realize the soul's purpose. Each soul's purpose was different and unknown to the soul, until just before its flame became fully violet, because only then would it know the answer.

Eeli was speaking to Amani, a soul who'd completed its mission and now became one of the violet flames. When your flame became violet, you never took another form, you just lived in the highest plane of the Universe fulfilling your purpose through assistance to others.

"Yes, I felt alive there more than in any other life. My memories almost came to the form I was visiting, but something held him back," said Eeli.

Amani danced around the space. Eeli and Amani were in a timeless void of emptiness. Just black surrounded this free zone, this was the place before rebirth.

"What held him back was lack of challenge. Yes, he fulfilled his purpose of healing, but he didn't push. You knew this, yet, the timing wasn't right. It's too early to complete the mission, your journey has barely begun. The journey is where the growth lies."

Eeli did indeed know this, but living in forms was a team effort. Eeli provided the soul and the form provided the vehicle, the vehicle needed to listen to the soul and the soul needed to drive the vehicle. The teamwork wasn't a full match in this life, at times it most certainly was but, something was still missing. It was the fearlessness of the sun that was missing. When Eeli took a ride with the sun, it learned the lesson of timeless courage and light. In this life, Eeli learned that challenge is a gift.

"Time to move on Eeli, you're doing well and on the right path. Keep trusting, that's all I can tell you for now, the rest is for you to learn. You're living a short life next, the life of the hard working human ant. Humans, as you know think nothing of this creature and that's your challenge. Remember your name Eeli, it always has your soul's mission in it, *"to ascend through spirit and soul."*

Amani swirled her flame, igniting a huge gust of wind which, would create the flash Eeli was starting to know. Eeli's full memory would come back at each visit to this timeless void, because it was the purest form of the Universe. But, after each conversation flame to flame, Eeli's memory would be erased and it'd start anew. However, the flashes were never strong enough to fully take away all memories. It was the soul's decision of how much to let go, because the soul always had the power over its own life.

## ***Chapter 4 – The Hard Working Ant***

The ant was thrust upon this world and from the get go, he started his work. From the moment he was born, he knew what he was doing. The colony worked as a tightly wired circuit, like soldiers, all the ants knew their place and kept the peace. In a long line of ants, he marched out of the crack and out into the open sidewalk. This mission was all about food, the ants would hunt for any scraps they could find laying around. If they were unsuccessful, they would climb up and into the garbage cans. But that was the second option, for it was a tough mission that would take serious skill to pull off.

As they marched looking for any crumbs of food to take back to the colony, ants were suddenly stopping in front of him, like they could no longer move. At that instant, he knew exactly how it felt as the same thing happened to him. The human's enormous foot stomped on him, ending his quick, ten minute life.

## ***Chapter 5 – The Human Experience***

Her life began at 12:06 PM, on January 22<sup>nd</sup>. She was birthed onto Earth with a scream and a cry. The womb was long gone, and she already missed it. She could sense the energy around her, everyone paying close attention to her tiny body. Then, she was layed onto her mother's chest and wrapped in her warm arms, it felt like the womb again; home and cozy right where she belonged. Her mother looked into her eyes and caressed her cheek, "Welcome, Ellie."

Ellie! That name sparked something in her mind, that word sounded so familiar. This light came into her mind, it was blue with little flickers of purple. That light made her heart beat steadier and her eyes opened; they were, of course, bright blue.

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"Ellie, 10 more minutes!" said Ellie's Mom to warn her they had to be going.

Ellie loved the woods. She'd spend hours climbing trees, soaking in the mud and the fresh air, touching every leaf that came her way, imagining the clouds speaking to her and just letting her soul run wild. Something about the woods made her feel at home and as she grew older, she'd find herself wanting to be in the woods more and more.

As Ellie and her Mom made their way back to the car, Ellie was covered in mud and her clothes ruined yet again, “Ellie, 7 is supposed to be the age of reason and you still find reasons to make a disgusting mess each time we come here.”

Her Mom wasn't very supportive of Ellie's fun in the woods, but Ellie's Dad always ran with her and they played to their hearts' content in the woods. So Ellie replied, “Everyone is different Mom. And you always tell me to have fun, this is my fun.”

Ellie's Mom smiled, Ellie always spoke up for herself. The truth was, Ellie's Mom wished she could feel that free again, but her spark inside had died long ago.

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The fire was roaring, it was bright blue but the light illuminating from it was a beautiful shade of purple. The fire started speaking, “Wake up, wake up. It's time.”

Then the fire took up the whole room and instead of creating a burning sensation, it filled the room with such love and comfort. And then when the fire evaporated, the word on the floor spelled, “Eeli.”

Ellie, woke up startled again, “God, when will this dream make sense? I've had it for 20 years and I still don't know what it means.”

Ellie turned over, hoping her alarm clock had 3 more hours before ringing. But it rung without fail, twenty minutes later. Ellie started her day, and made her way to work. Work was not her passion or her purpose, it was something to keep her financially stable until she could pursue her purpose; aromatherapy. Ellie's dream had always been to start her own online business where she could sell her homemade and natural products; and sometime in the future, she wanted to open her own store.

A headache stomped on her brain and this voice started blaring in her ears, “NOW IS THE TIME. QUIT WAITING AND JUST DO IT.”

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Ellie's daughter ran up to her and Ellie smiled in joy, “Amari! I missed you so much, it was so busy at the store I had to stay overtime. Speaking of overtime, why aren't you asleep?”

“Why aren't you asleep?” said Amari sounding just like her mother.

Ellie flopped onto the couch, and smiled in content. She did it, she achieved her dream. Even though Ellie's business had been a success for several years now, it still felt surreal to her at times that she was actually doing it! Ellie couldn't believe it, but at the same time she could. This fire inside of her always kept her dreaming and achieving, her desire to fulfill her purpose got larger by the day. This was the lesson she always hoped her daughter would know, to trust that fire inside and to follow it to her heart's content.

That night, the dream hit her again. But this time the fire's voice spoke something different to her, "Spread it."

Instead of waking up in a startle, something in Ellie knew what that voice meant. Soaking in the beautiful orange sunset, Ellie looked to the clouds and spoke, "I know what you mean, time to teach others not to chase their dreams, but to the run with them."

## ***Chapter 6 – A Flaming Conversation***

"Eeli, you're more purple. What have you learned?" asked Amani as it brought Eeli back into the dark void of emptiness.

Eeli felt itself, yes, it was more purple. And something about it felt different, as if it were lighter. That's what it was, Eeli felt more free.

"The ant life taught me that time is a reality created in the mind, life may have been short, but it began from the second I was born in the world. And the human life, that was an annoying rollercoaster. I'd think she'd hear my voice or feel my roar, but then she'd go the complete other direction. In the end, she'd figure it out but, there was a lot of unused time," said Eeli.

"Presicley. In these lives the hope was that you'd realize how time applies so differently to two lives, it's all about perspective. In your purest form, time is non existent. Time doesn't truly exist, but, in the reality creatures see in their minds, time is, as they say, of the essence!" said Amani whose words poured out of her like an overflowing fountain.

Eeli took a deep breath and enjoyed the recharge of energy before entering another life. This was the only place it felt truly at home, and at full service to itself. Otherwise, Eeli felt as if it was living life for the forms it lived in, even though it was Eeli's mission, it didn't quite feel like it.

"You are growing, and with growth comes lots of change. This place makes you happiest. I can feel that. I'm not going to rush you, recharge. And then you're going to experience a darker life," said Amani. Amani pushed Eeli, but now was the time for soft love. If you pushed a soul too hard when growth was already happening, the soul shut down. Growth comes with knowing your soul, and Amani could feel Eeli at the pivotal point; ready to blossom or going backwards.

Eeli was relieved to have a little bit of time to rest, it felt the need to feed itself with the energy of soul that this void was full of. But, darkness didn't sound good to Eeli, so it asked, "When you say darkness, what do you mean?"

"It's quite simple actually. You need to see the truth of parts of the Universe, like in Earth for example. So you're going to be the dying soul of the dark rulers of Earth. Those people don't have souls, you won't make it long. But you need to learn the lesson, don't be afraid. It's just a

lesson you need on your journey, I think it'll bring you some answers," said Amani. Amani knew it was taking a risk, sending a soul to a soulless entity could take Eeli in a whole new direction. But, Amani believed in Eeli and trusted the Universe, Eeli was too pure to be overtaken by the darkness. Amani took the risk because it knew that in this life, Eeli would realize it's purpose.

## ***Chapter 7 – The Darkness***

Eeli was born again, this time, it wasn't young, it was older and just dumped into this new form. The form was human and male, but so lifeless and filled with darkness, Eeli felt suffocated. Barely able to breathe, its flame was dull, it had a few sparks but that was it. Light and dark don't match, and this vehicle it was born into, was filled with so much dark. The only thing that kept his heart beating, was his drive for power, and that power was all the wrong kinds.

Eeli couldn't quite figure out his name, but Eeli felt his older age and ruined body. He'd done something really bad to create this false sense of youth that was beyond Eeli's comprehension, maybe that was causing Eeli to suffocate. Eeli figured it wouldn't survive, so it just stayed still and listened because sometimes listening was all you could do.

Eeli didn't need to listen to his voice, Eeli couldn't feel his intuition for it was long gone, but Eeli could hear his thoughts. It dugged to the back of his mind and then Eeli heard it, "In order to stop the ascension of the Earth, I vow to follow and express the terms of the Order Of Chaos, to follow and worship the Kabbalah, and to do it all to maintain control of the Universe through the power I am served. I sell my soul, for the greater good of the galaxy."

And then Eeli died, it was brought back to the void of emptiness, the place before rebirth, the highest plane of the Universe. Eeli was becoming more purple but it felt trapped, an internal battle within kept it from feeling the joy of realization. The darkness had seeped into its flames and warding it off was a fight for its soul.

Amani swooped in and created a dome over Eeli, this dome was a bright vessel of light filled with energy. Amani spoke through its mind, telepathically, and delivered light codes to Eeli's soul. Eeli felt as though it was being charged with adrenaline, something was making it feel lighter. But the fight wasn't over, Eeli breathed in and sat in its depths. Amani gave one last bit of it's life force energy into Eeli and the dome collapsed, Amani shrunk from its usual overflowing size but, it was fine. Eeli had won, and its purpose was becoming clear.

## ***Chapter 8 – Almost There***

"What just happened?" questioned Eeli.

"You're going to have to be a bit more specific, but I gave you some of my life force energy. Enough, to ward off the darkness that latched on to you, but it took a lot out of me. I'll be fine, this void will refuel me, I just need time. You, however, are just beginning your journey of life force," answered Amani. Its booming voice was a little less booming and little more peaceful.

Amani was glad Eeli had pushed through, Amani knew it would. As scary as it was, the light emerged as it always did.

“Amani, I know my purpose,” answered Eeli in a confident, humble fashion.

“And what’s that?” said Amani as she smiled deeply inside.

“I’m here to assist in the ascension of Earth,” replied Eeli.

Eeli was close, but Amani knew it was still missing something. Eeli wasn’t here to assist, it was here to do. Eeli’s purpose was to, *“ascend through spirit and soul.”* Soul’s were named with their purpose and Eeli’s name represented its mission, its purpose. Amani knew what Eeli was missing: belief and power, the right kind of power, of course.

“Eeli, I can’t tell you the answer. You have to know within and right now, I know you know you’re close. But something inside is telling you, something’s missing. Trust that feeling. Another life is upon you, enjoy the journey. And remember your name,” gently whispered Amani.

And with that, Eeli sank into it’s hearth, Amani’s flame engulfed the space and Eeli was off to the next life; with a blank, new perception.

## ***Chapter 9 – Starry Night***

And like that, a star was born; literally. The night sky illuminated with magic, each star shining it’s powerful light. It was like the stars were a team, but they all respected their individual power. Aligning in all different shapes and formations, the stars could shine collectively. While some stars chose to stand strong in their own light and let their souls rest on the eyes of the child spirit within the beings who could see.

And when night faded in one area, night would arise in another. No matter the time, season or place, the stars always kept shining because somewhere in the Universe their light was always needed. The vessel of light the stars were engulfed in felt like true home, there was nothing but love, light, and the beautiful kind of power and freedom within the stars. And each star’s will to shine, lit up and raised the vibration of the entire Universe.

On one night, there was only one star. That star knew the galaxy of stars behind the sky were giving it the energy to light up the whole sky, but, there was something within only that single star could cultivate; choice. Other stars could give it power, courage, support, high vibrations and love, but, it was the single star’s choice to shine, no one else’s. And with the belief in itself and the strength in its soul, the star shined so bright that the whole sky illuminated with beauty and light.

## ***Chapter 10 – All Grown Up***

Eeli swirled in the wind and glistened with excitement in knowing it's purpose. But this time when it entered the void of rebirth, it was alone and almost entirely purple. Eeli didn't let the confusion get to it, instead Eeli chanted the words, "My purpose is to ascend through spirit and soul."

Then a voiced echoed through the entire room, "Eeli, you've fulfilled your purpose. You stayed true to yourself, clear with your mission and soulful in all you came across. You are the shining star filled with so much power to fully ascend. Now, it's time to help others and fulfill your purpose now that you know it."

Amani always believed Eeli would be at this point, although their connection was no longer, Amani was greatly joyous and at peace within. Amani had fulfilled it's purpose, and Eeli had realized it's purpose. The soul's journey was a magical one, filled with ups and downs, but always alive and Universal for the journey was the purpose's soul.

## ***Chapter 11 – Fulfilling***

Eeli was a shining, whole purple. It's flame was strong, kind and always free. Eeli embraced this new chapter of its life; a new journey had begun. Eeli spent most of its time in the void of rebirth, the highest plane of the Universe. But there were days the Universe needed Eeli more, and on those days, Eeli would travel to galaxies far and wide or visit beings who needed a little jolt.

Eeli's flame burned strong, but inside, Eeli was always smiling. Something deep within lit its flame and illuminated the entirety of its being. It wasn't because life was fair, or life had calmed down or that Eeli was near the end of its journey. Eeli was truly alive inside because it's purpose answered its heart's call and now, Eeli could give that gift to others.

***Eeli lived to – ascend through spirit and soul.***

*She awoke from the dream with a newfound certainty in her veins and aliveness to her soul. Life was a journey but, this dream brought her clarity. Her mind's longing of wanting to know her past had been fulfilled. Her being felt at home in the knowing that she was meant to be here for a reason and that she had a mission of her own to fulfill. The smile on her face illuminated the joy within her and the new excitement she had for life. The future was a little more exciting, the present was home and one thing had become clear - Her Soul's Past.*

